



Boys and Girls Club to host basketball tourney

The Glades Boys and Girls Clubs are hosting the first Afro Arts Festival three-on-three basketball tournament

three basketball tournament on Saturday, March 15. The tournament will be held at the newly renovated Lake Shore Civic Center site.

Games will begin at 9 a.m. and conclude after the day's lest game. The tougament will offer three separate age divisions: 15 to 17, 18 and over the control of and 30 and over. However, the committee reserved the right to combine all adult groups

into one if needed.

To register, you may pick up an application at Belle Glade ntary, Glade View, Pio-Park or Rosenwald Eleentary Schools.

Chili Supper at Canal Point school

Point school
The music department at
Kathryn E. Gunningham
Ganal Point Elementary
School will be holding their
runual chili supper on Tuesody, March 18 from 4 to 7 p.m.
in the school's cafeteria. Dinner includes chili, crackers, a
drik and desert drink and desert. Entertainment will be pro

Entertainment will be pro-vided by the music depart-ment. Tickels are \$2 for chil-dren and \$4 for adults and are available at the door. For more information con-tact Kelly Spiegel at 924-6460.

GEL's to celebrate

Founder's Day
The Glades Ebonique Ladies
Club will celebrate their annual Founder's Day on Sunday,
March 16 at 11 a.m. at St. nes AME Church in Paho-

The community is invited to The community is invited to come out and share this occa-sion. Club members are solicit-ing ads for the souvenir book-let. Anyone interested in pur-chasing an ad should contact Delores Maxey or any club

Plant and bake sale planned in Pahokee

The Pahokee Garden Club is planning a plant sale and bake sale for March 18 at 10 a.m. at First Union Bank in Pahôkee.

The public is invited to attend.

Hack Gold applications available at chamber

available at chamber
Applications for several of
the Black Gold Jubilee events
are available at the Belle
Glade Chamber of Commerce.
Entries for the parade, WIFE
Cookie Contest, Little Mr. and
Miss Black Gold Pageant, the
6.1 Walk/Run, the Photography Contest, Children's Fishing Contest, Arts and Crafts
booth amplications. Good hooth applications, food booths, and more, can be picked up during regular chamber business hours.

Applications for the Harvest

een Pageant can be picked at Atlantic Pacific Insur-

The Jubilee is scheduled for Saturday, April 19. Plan to participate in one or more events to be a part of the end of harvest celebration in the

For more information, con-



RESEATED FOR A FIFTH TERM...South Bay Commissioner Milranda Smith campaigns near city hall Tuesday, Smith defeated challenger Esther Berry with 52.9 percent of the vote.

School Board reschedules Education Day in the Glades

Unexpected scheduling conflicts for the Palm each District School Beard have resulted in Unexpected scheduling conflicts for the Palm Beach District School Beard have resulted in the canceling of Friday's Education Day in the Glades. The day-long visit by Superintendent Joan P. Kowal and the school board has been rescheduled for May 28.

According to West Area Superintendent Eugeria Jones, Dr. Kowal has confirmation that President Clinton will be in Palm Beach County on March 14 and will be speaking at an elementary school in Juniter.

tary school in Jupiter.

Mrs. Jones says, "Obviously, we are excited about the President's visit, but it was not an expected one. It would have been extremely dif-

ficult for the superintendent and the board to try to accommodate both commitments. Dr. Kowal is looking forward to spending the entire day in the Glades, and she regrets having to cancel her visit."

cancel her visit."
The Education Day was structured to better familiarize the superintendent and the members of the school board with educational programs and facilities in Belle Glade, Pahokee, and South Bay.

and South Bay.
Glades area community leaders and officials were scheduled to attend a continental breakfast and meet the superintendent at West Technical Education Center on Friday morning.

Mandy Perez appointed headmaster of Glades Dav

On Monday, March 10, 1997, Mandy Perez was appointed Headmaster of Glades Day School after the resignation of

School after the resignation of Buddy Sizemore.

Many know Mandy as the man who coached the Gator football team to state championships. Now, after accepting the position as headmaster, he will no longer be coaching football to accept the state of the coaching football to accept the second test. will no longer be concentrate more completely on his new role as the academic leader of Glades Day.

"I am looking forward to

I hope we can continue to go in a positive direction. I plan to continue to teach calculus because I feel it is important to continue keep communication open with

the students."

Mr. Peréz is a former graduate of Pahokee High School and received his Bachelor Degree in mathematics from the University of Florida in 1973. He then continued on to receive his Masters Degree in Social Studies from the University of Florida in 1975.

Mr. Perez has been teaching size 1075. Us to truth teaching size 1075. Us to truth teaching

Day.

Since Mr. Perez's responsibilities have been increased, he declined to be head football

coach next year so that posi-tion went to Pete Walker.

"I want a fair balance of aca-demics and athletics at Glades Day and I feel it would be a conflict of interests if I contin-ued to be head coach and head-

master."
Mr. Perez started his position as headmaster immediate-ly following the public announcement on March 10.



Bill White, chairman of the board of U.S. Sugar and president and CEO of the Charles Stewart Mott Foundation, addresses the group of more than 300 local dignitaries who attended the groundbreaking Monday as Hendry County Commissioner Janet Taylor, Congressman Alyzet Hastings and Congressman Mark Foley look on.

Pheto by Tracy White

Mike Lyons......Page 2 Letters.....Page 4 Classifieds......Page 10 Black Gold Notes.. Page 5

Pahokee Main Street kicks off the city's Diamond Jubilee

Pahokee residents will cele-brate the city's 75th anniversary on Saturday, March 22 during I Love Pahokee Day. Mayor Ramon Horta will blow out the 75 candles on the cele-

out the 75 candles on the celebration cake at noon.

I Love Pahokee Day is a yearly celebration begun by former Chamber of Commerce President Jim Bennett.

The day will include an Easter bonnet parade at 1 p.m. Residents are encouraged to participate by entering the narade.

Anyone who doesn't have a bonnet and would like to par-ticipate can have a bonnet made at one of the booths for a

nominal fee. I Love Pahokee Day will take place in the downtown area of the city. A barbecue dinner with all

the trimmings will be served from 11 a.m. to 3 p.m. Tickets are \$67 for adults and \$3 for

are \$67 for adults and \$3 for children.

The unveiling of a mural on the west wall of Western Auto will also be done during the festivities. Painted by renowned artist, Donald Neal, from Belle Glade, the mural will be highly visible for residents and visitors to view.

The Diamond Jubilee is a joint venture of Pahokee Main Street and the Pahokee Chamber of Commerce.

Milranda Smith wins South Bay election

South Bay voters say Milranda Smith is their choice as
they elected her to a fifth, two
helped start last year. She also
year term. Esther Berry, 50,
campaigned against Smith,
but lost by 32 votes.
Smith, 32, said she wanted
to continue the progress
already made by the city and

U.S. Sugar breaks ground on refinery

By Tracy Whirls
Clewiston News
U.S. Sugar broke ground
Monday for the first new sugar
cane refinery to be built in the
United States in more than 25years. It will allow the nation's
largest producer of sugar cane
to take the sugar process full
circle - from the cane fields to
the consumer.

circle - from the cane fields to the consumer. Congressmen Mark Foley and Alycee Hastings, U.S. Sug-ar Chairman of the Board Bill White, and a host of county and city officials were on hand for the historic groundbreak-

for the historic groundbreak-ing.

Before introducing the visit-ing dignitaries, U.S. Sugar-vice president of community affairs Robert Coker told those present that the company's founder, C.S. Mott, would have been proud of the company's decision to build the new refin-ery, adding that in investing in the community, what is good for the community is good for ts.

for the community is good for us."

Mr. Coker and other U.S. Sugar officials thanked both Congressmen Hastings and Foley, as well as U.S. Sugar employees for their work in defeating Amendment 4 last year. Congressman Hastings noted that in building the new sugar refinery, U.S. Sugar is reversing the trend among busineases like Pratt Whitney, and IBM which have downsized. "U.S. Sugar is powering up, not just with the refinery, but powering up as well community attitudes about employment, edugation and housing in this community." Congressman Hastings said.
The congressman noted that as a member of the international Relations Committee, has visited sugar fields in. India and elsewhere and con-

tional Relations Committee, he has visited sugar fields in India and elsewhere and concluded, 'no where in the world is better sugar grown than right here. No one out produces."

Congressman Foley vowed to continue to fight organizations that would try to put the sugar

industry out of business.
He earned cheers from the audience when he noted that the Save Our Everglades petition effort was funded by a New York financier and a wealthy woman from Orlando. He said his message to the was, "Go home and cleanup your own mess. Don't come

was, to nome an cteatury your own mess. Don't come down here and tell us how to run our lives."

After remarks from visiting dignitaries, representatives from each division of the company joined other officials for the groundbreaking-for the groundbreaking-for the groundbreaking-for the was refinery. The refinery, which is being built adjacent to U.S. Sugar's Clewiston Mill, is expected to be operational in early 1998. It will be the first fully integrated cane sugar refinery in the country and will give U.S. Sugar and the shifty to produce both raw sugar and refined sugar. The new facility will have an initial capacity of 500,000 tons of refined sugar annually, with the ability to expand as demand increases in the future. The new refinery will generate up to 170 new jobs. The huge facility, which will be more than 200,000 square feet or about 5.5 acres under one roof, will include refining, operations and allow the company to produce a full spectrum of sugar products. The refinery will be energy self-sufficient. Bagasse, the tough, fibrous by product of sugar cane that remains after the juice is extracted, will generate power for the refinery, just as it currently does for the company's two raw sugar mills in Clewiston and Canal Point. President Nelson Fairibanks told the group of 300 employee-owners, dignitaries, and farmers gathered at the site, This new construction is the beginning of a new trend toward integrated refining that, I predict, will become widespread in our industry in a few years."

Have you heard the weather?

y Mile Lyons
"It sounded like they say, to a big freight train pulled, a black engine." That's the sty Butch Cooper described to twister that ripped frough Little Rock, Arkansas ver the weekend, It was one 720 tornadoes that claimed at east 39 lives and injured hundeds more.

dreds more.

Like a freight train. That's
the description many tornade
survivors use to describe the
sound of a twister. Others say
it sounds more like a jet
engine. One person sven compared it to ten million bees.

The source of that sound is



uncertain. Scientists think it may be the result of supersonic winds within the thunder-

storm.

High winds are a given inside a tornado. After all, this is the storm with the fastest winds on earth. These monsters can produce gusts as high as 300 mph.

Determining where and

as 300 mph.

Determining where and when a tornado will drop out of the sky remains one of meteorology's greatest challenges. Today's sophisticated Doppler radars can often spot a tornado before it forms, but many of these storms often remain these storms often rem unpredictable.

unpredictable.

Now, scientists at the University of Colorado in Boulder are working on a new way to predict tornadoes.
Instead of watching the sky or



checking out a radar screen, these researchers hope to detect tornadoes by listening for them.

for them.

It turns out that tornades make all sorts of noises, including some that are too low in frequency for human ears. Animals, however, have apparently been hearing tornadoes for years.

Dogs sometimes drastically alter their behavior when a tornado is approaching. In his book, Severe and Unusual Weather, Professor Joe Eagleman describes a case where a dog ran into a house

Eagleman describes a case where a dog ran into a house and crawled under a bed just before a tornado hit.

University of Colorado researchers discovered that tornadoes produce a sound frequency of one hertz. That's too low for humans to hear, but just right for the university's instruments.

So, the folks in Colorado

have been listening for twisters. The group hopes to develop an array of acoustic sensors that could detect any tornade within 100 miles. Across the country in Alabama, another scientific group has been hunting tornadess with a seismograph, the device used to record earthquakes. The folks at Tatom Engineering Analysis say that a tornade can make the ground shake.

a tornado can make the ground shake.

They stumbled across this discovery back in the fall of 1996, when an automated seismograph detected ground vibrations from a tornado about eleven miles sway.

It seems that the tornado's strong winds create pressure vibrations on the ground. These vibrations generate carthquake waves that a seismograph can record.

Tatom is currently designing seismic detectors to record these vibration's Early tests indicate that their devices could mean a revolution in tornado forecasting.

A revolution that could save hundreds of lives. Each year in the United States, there are over 1,200 confirmed tornadoes. Many of these storms go undetected.

But, that may change.

undetected.

But, that may change.
Instead of trying to "se" tornadoes with our sophisticated
radar eyes, we may be able to
"hear" tornadoes or "feel" them
approaching.



CO-OP UNDERWRITES COST OF CHILDREN'S PRODUCTION...Sugar Cane Growers Cooperative of Florida gave the Dolly Hand Cultural Arts Center the funding to bring the Missoula Children's Theatre to the Glades. Center Director Leigh Woodham, left, accepts the donation from Sugar Cane Growers Co-op Public Relations Director Barbara Miedeina.



PBCC's Spotlight on the "Fabulous" Glades Campus

Missoula is coming

Missoula is coming
What is Missoula, you ask?
The Missoula Children's
Theatre from Missoula,
Montana! Once again they will be coming to Belle Glade and the Dolly Hand Cultural Arts Center for a week of work-shops and dramatic fun for Glades area students. An open audition to all students K5 through 12th grade will be held on Monday, March 17 at Belle Glade Elementary at 3:30 p.m. Auditions will until approximately 6:00 p.m., with a rehearsal for the prima-ry roles immediately following. Dinner will be served to those who must stay for rehearsal.

Daily rehearsals, for this year's production, White and the white and the Seven Dwarves", will be held at the Dolly Hand, cuminating with two performances of a fully costumed musical production



on Saturday, March 22 at 1:00 and 7:00 p.m. What our area children can accomplish in just one week is truly amazing!! Come on out and see our tal-ented youth.

For ticket information, call the box office at 992-6160.

Ann Tyler and
M*A*S*H* stars
come to the Dolly Hand
On Tuesday, April 1, the

hilarious Neil Simon comedy,
"The Odd Couple", starring Jamie Farr (Corporal Klinger from M*A*S*H*) and William Christopher (Father Mulcahy) comes to the Dolly Hand at 7:30 p.m. Spend your "April Fool's Day" enjoying the antics of Oscar and Felix, and at the same time, enjoy the artwork of Everglades artist Ann Tyler. Her beautiful paintings will be displayed in the Grand Hall prior to the show and during intermission. Good seats for "The Odd Couple" are still available, simply call the box office at 992-6160.

Spring Break
During the week of March 10
through March 14, Palm
Beach Community College is
on Spring Break, so both the "Fabulous" Glades Campus and the Dolly Hand Cultural Arts Center are closed. Class will resume and offices will reopen on Monday, March 17.



The Odd Couple Tuesday, April 1, 1997 7:30 P.M. \$25 Adults • \$5 Students

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One is very neat and loves to cook gourmet meals. The other is very messy and loves hot dogs. They both have been thrown out by their wives and now are roommates. The hit Neil Simon Broadway show starts two great comedians that audiences came to know and love on the hit TV show M.A.S.H. Jamie Farr (Corporal Klinger) and William Christopher (Pather Mulcahy). Don't miss a great night of comedy,

SELECTED LOCATIONS ONLY!



Prin Beyck Community Collège-Glades Campus 1977 Collège Drive Beile Glades, FL 1900 (501) 1971 4860

Palm Beach County Florida





Snow White and the Seven Dwarves", will be held Monday, March 17 at 3:30 p.m. at Belle Elementary. For more details, see Leigh Woodham's article above.



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Senior Citizen News

The West County Senior Citizens Center is located at 3316 State Road 15 in Belle They are open Monday of the Friday from 8 a.m. of the friday friday from 8 a.m. of the friday frid

daily.
Special activities this week
include:
*Thursday, March 13 - Dr.
Jacobson, podiatrist will preform Monthly Feet Check-up*Tuesday, March 18 - Al.
Day Crafts, Joann Fletcher
will give instructions on making Easter goodies.

Lunch Menu. 3/13-3/19

3/13-Roasted Chicken, Mashed Potatoes, Mixed Vegetables, Wheat Bread, Fresh Banana and Milk.

3/14-Turkey Salad, Mixed Greens, Potats Salad, Rye Brend, Vanilla Pudding, Orange Juice and Milk. 3/17-Sliced Ham, Boiled Cabbage, White Bread, Line Gelatin w/Pineapple and Milk. 3/18-Turkey Noodle Casserole, Green Beans, Tossed Salad, White Bread, Fresh Orange and Milk. 3/19-Tomato Chili Con Carne, Rice, Green Peas, Wheat Bread, Chocolate Pudding and Milk.

Medical Services

Women's Health

Diagnosis of breast cancer may be affected by tissue differences

Despite widespread acceptance of mammography screening of mammography screening with the second of t

results. In contrast, the advantage for women with fatty breasts is that mammograms render fat as dark areas, whereas a tumor shows up as a light spot. But dense tissue also shows up as light areas, so it can be difficult to distinguish a tumor in a woman with dense breast tis-

te distinguish a tumor in a woman with dense breast tissue.

When screening younger women, the problem is not finding abnormalities that turn out to be nothing but rather, missing lumps tha turn well and the second of the second to the seco

A message for mothers-to-be

By Paula Swaford, RN
Did you know that the leading cause of mental retardation in the Western world today is fetal alcohol syndrome?
Pregnant women who drink alcohol in any form subject their unborn children to the possibility of a life of mental retardation, learning disabilities, behavior disorders and speach difficulties. Their appearance will also be indicative of PAS (fetal alcohol eydrome) in the form of wide, tive of FAS (fetal alcohol syndrome) in the form of wide, slanted eyes and a flatened area in the middle of the face. The child may also be afflicted with malformations of the heart, genitals and urinary system. Is drinking beer worth the risk of causing deformities in your child?

Many young women of child hearing age seem to conveniently ignore the warning signs available to the public. Teems and "financially challenged" individuals often do

not receive the education and prenatal care they so desperately need. Unless you have had your head in the sand for the past 20 years or so, you know that drug use and drug abuse is a horrible problem in our society. It's one thing, if a consenting adult makes poor choices and uses marijuana; it's another if a mother-to-be abuses drugs and alcohol and causes her unborn child to be born addicted to one of both. Society is aware that the not receive the education and



management of drug-abusing pregnant women results in poor outcomes for the babies of such mothers. Long term consequences for the child and the family include expensive, time consuming follow-up in a high risk clinic, long term health problems, substandard performance in school, the need for special education classes and growing up in a dysfunctional family.

I will attempt to simplify what happens when a preg-

what happens when a preg-nant woman takes drugs or

The placenta (the part of the womb (uterus) that transfers nutrition and oxygen to the baby) does not protect the pany) ques not protect the baby. The baby swallows the fluid in the womb and elimi-nates it through urination. But the baby's body does not clean the bad things out, so the baby gets drugs and alcohol from the mother. Then the baby drinks

inadequate identification and them over and over again in management of drug-abusing pregnant women results in poor outcomes for the babis as of longer time than they are in such mothers. Long term consequences for the child and the family include expensive. The mother's body, Before your baby is born, he'er she is drunk family include expensive. The mother's body is born, he'er she is drunk family include expensive. The mother's body is born, he'er she is drunk family include expensive. baby is born, he or she is drunk and cannot move the way it should. Moving helps its arms and legs to develop, and there-fore if it does not move like it should, it doesn't develop like a normal child would. Because the baby's brain does not devel-op correctly, he or she may not think and be as smart as other children. Your child will hot learn things easily and will

children. Your child will hot learn things easily and will probably have trouble in school. They will also experience behavior problems and "act out frequently. Heroin, marijuana and cocaine all affect the baby (as well as the mother) adversely. Babies from addicted mothers on actually, have strokes can actually have strokes before they are born. Birth defects and cardiac (heart) deformities are common, as

well as children who die with SIDS (suddent infant daath syndrome). Babies of heroin addicts are born addicted also, and then immediately go into the horrors of withdrawal. They must learn to exist without the drug-they will shake uncontrollably, have trouble enting, usually have vomiting and diarrhea, sweat a lot and will not want to bi touched or coddled by anyone.

Doesn't paint a pretty picture, does it? Would you want your child to suffer in this manner? And, please, don't think this couldn't happen to you. The statistics tell the story. If there is

think this couldn't happen to you. The statistics tell the story. If there is a possibility that you could be pregnant and you are still using drugs and/or drinking, stop immediately and contact your doctor for prena-tal care and conneling. Until next time.

Until next time, informed and stay healthy.

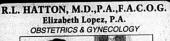


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OPINION PAGE



INVITES YOU TO UN SPEAK OUT!

oe your opinion on any subject, call Speak Out at 996-6836, 24 hours a day. Read-n use this special number to pose questions, voice complaints, express opinions or mebody on the back. Unlike letters to the editor, Speak Out is designed for anony-expression of opinions. We edit calls for clarity, brevity, relevance and fuirness.

"While reading the birth announcements from Everglades Regional on March 6, I noticed that out of the 38 listed, only 11 of the parents appeared to be married. That's 29 per-

cent. What does that statistic say about our area's population's commitment to family values and good morals? Research is showing, time and time again, children need both a stable mother and father to reach their highest potential. I don't want to take responsibility for these illegitimates offspring, but in some cases, society will probably have to. I'm worried.

Neighborhood is trashy; who should I call?

"Hi. I'm a concerned citizen and I'm not exactly sure who I should be calling or speak-ing to in reference to this, so I'm letting you

What I want to find out is, what do you do when you are trying to beautify your community and beautify the Glades and there are a lot of junky neighborhoods? People just have all kinds of junk and garbage in their driveways and their yards and I don't know exactly who to notify to get this cleaned up.

If you'll notice, off of Airport Road, on 18th Street, there's some little sub-streets. One of those streets is called Avenue I. There are two retree trailers that are constantly junky and it's disastrous and extremely ugly to the community.

munity.

I need to find out what the residents of this neighborhood can do about this. Thank you."

Editor's note: You should call 996-0100 and ask for the Building and Planning Department at the City of Belle Glade. They say Code Enforcement will look at the area you are call-ing about and see what needs to be done.

Letters to the editor.

Dear Editor:

Hi. My name is Colin Clark, and I am in fifth grade at Westridge School in Harlan, lowa.

Our class is studying geography and the history of the U.S.A. I would appreciate it a lot if you would send me some postcards or a souvenir of your town or state.

I appreciate your time and effort. Thank youl

Westridge Elementary School Harlan, IA 51537

Dear Editor:

Thanks!

A great big Thank You to the Pahokee Main Street volunteers who helped paint the Western Auto wall this past weekend. To Barbara Branch, Margie and Julian Branch, Maria and Porfirio, Wayne Jarriel, and Jo Hatton for your dedication and to Father' John for the refreshments, you're the greatest!

Volunteers are the lifeblood of the Main Street program. If you have a sincere desire to see Pahokee improve in every way, get involved! We need your help. Please call' us at 324-6332 for information.

Shirley Jarriel, Coordinator Pahokee Main Street

Deir Editor:
I'read, with deep regret, that our South Bay, Police Chief, Charles Napier, had resigned this past week. Mr. Napier was an upstanding public serval, devoted to his job and his employees. He will be truly missed.

Sincerely,
Joseph G. Saide
President/CEO
Biocomp Technologies, Inc.
South Bay

Dear Editor:
I have been asked to compile a book of reminiscences of men and women involved in amphibious operations of World War II, and wonder whether lany of your readers have menories which they would like to share.
I would be interested to hear from anyone

who served in such an operation, or who worked in war industries producing the equipment for

The object of the book is to record, in the participants' own words, the experiences of every-day life which normal history books tend to

Anyone who would care to contact me is wel-come to do so at: '4 Wren Court, Runnemede Road, Egham, Surrey, TW20 9BD, England.

Many thanks for your help.

Yours sincerely, Colin J. Bruce

Dear Editor

Depr Editor:

I just want to thank 'The Sun newspaper for the assistance they give Pahokee Little League every year in getting the word out about regis-tration. The article in this week's paper was fantastic and we appreciate all the help.

Sincerely, Gary Burroughs

THE SUN

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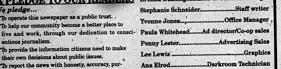
A PLEDGE TO OUR READERS Brene's Bunting....Editor & General Manager

To operate this newspaper as a public trust. To help our community become a better place

- inve and work, unrough our described securious journalism.
 To provide the information citizens need to make their own decisions about public issues. To report the inews with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessn poseful neutrality, insurant community and compassion.

 To use our opinion pages to facilitate community debate, not to dominate it with our own epinions are errors, and to
- To correct our errors, and to give each correction the
- prominence it deserves.

 To provide a right to reply to those about whom we write.
- To treat people with courtesy, respect and compassion.



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tising for real estate which is in violation of the law. All persons are sed are available,or an equal opportunity basis. Usher on account of errors or anissions from any advertises at of the charge for the space occupied by the item in error

WHEN THE KIDS WERE HOME AND THEY WANTED TO TALK, LISTENING WAS FREE ... NOW THEY'RE AWAY FROM HOME AND IT COSTS ME."

Ask Dr. Boltson

The REAL scoop on losing weight!

One month ago, I attended a workshop which covered all the latest research on losing weight. The speaker had a PhD. in biostry. She discussed the latest diet pills, (Phen-Fen, Redux), vioral techniques, Weight Watchers (restrictive) approaches, the Zone Diet (more protein), the Atkins diet (eating mostly fat and protein), exercise, the biochemistry involved with hunger and satiation, the metabolism of glucose and fats, and

learning to pay attention to body cues

learning to pay attention to body cues.

It was a very edifying and interesting workshop with over 300 people, including psychologists, social workers, 'dieticians, nurses, and
dental hygienists,' Interestingly, I would say
about 97 percent of the attendees were women. about 97 percent of the attendees were all that says when men and women were equally overweight, men were much more likely to be satisfied with their were much more likely to be satisfied what their bodies. Also, women were much more likely to say they were very far from their "ideal" weight, than men were. Individual variations on body eating and diet were elaborated as fluenced by biological, genetic, environweight, eating and diet were elaborated as being influenced by biological, genetic, environ-mental, cultural, and social factors. In a nut-shell, women tend to have more outer and inner psychological pressure to focus on their looks.

Although the presenter tried to avoid editori-alizing, it was interesting to note that with one interesting spin, there is nothing too earth

shattering or new under the sun. The best way to lose weight is to diet and exercise (surprised?).

Below are some interesting tid-

bits from the presentation 1. Diet Pills (Phen-Fen and Redux) - studies de show that peo-ple lose weight when taking these pills. The downside is that when you stop taking the pill, you go

1, 2 - 10,

Dr. David Boltson Boltson you stop taking the pill, you go back to your cld weight. They effect the serotonin neural pathways which affect appetite, but also thinking as well. If you take the pill forever, you may have side effects, which in rare cases, can be deadly. The controlled studies presented required people to diet and exercise while taking the pills. Interestingly, in one study of very sewweigh people, the pill takers only lost six more pounds than non-pill takers who also dieted and exercised. pill takers who also dieted and exercised. My personal conclusion is that taking the pills is not worth the risk. Why wait for future studies that will probably show more and more neg-ative side effects? Exercising with diet control is guaranteed to make you lose weight with no

side effects. side effects.

2. Chromium - is a mineral supplement that has been touted as "thermogenic" (fat-burning) for years by health food stores and holistic practitioners. Our speaker said there is no research whatsoever to substantiate this claim.

3. ZONE diet - she didn't like it. She feels this

Mental Retardation - An old problem with new solutions

Glades Area Association of Retarded Citizens

for Retarded Citizens
As with many human services, desirable outcomes for
people helped from agencies
like the Glades Area ARC
change over time. Not too
many years ago pediatricians
advised new parents of children with mental retardation
to place them in state institutions, convinced this was the
best alternative for families

to place them in state institu-tions, convinced this was the best alternative for families and their children.

In the 1950's, a grassroots organization of parents and volunteers began to challenge that assumption. By the early 1960's, the itleas of The Associ-ation for Retarded Children spread across the nation and promoted community centered services delivered as an alter-native to large institutional settings. Recognizing the needs of people of all ages, the organization became the Asso-ciation for Retarded Citizens-and stood unique among providers by the parent and volunteer nature of its leader-ship.

nce 1977, the Glades Area Since 1977, the chause ACA ARC has promoted the values and principles of its national counterpart. With a volunteer Board of Directors comprised of involved parents and com-

munity leaders, the ARC began to provide Developmental Preschool and Homebound Infant Intervention services to at-risk or developmentally-delayed children.

Over the next 10 years services expanded to include education, training and therapy for adults with profound retardation, adult day training and aheltered center-based activities for individuals who were mild to moderately affected. They also offered supported mild to moderately affected. They also offered supported employment as the natural outcome for people able and willing to become wage-earning, tax paying and, at least partially self-sustaining members of the community. Support services developed to provide transportation, a two meal a day nutrition program, and social services te link people to available resources and avoid duplication of service and arrosses.

s, The ARC maintains its role as an advo-cate for the general well-being of individuals with mental retardation and developmental disabilities who reside in the

disabilities who reside in the western county area. Leaving school, getting a job and having a home of your own are all rites of passage in our society. Rather than deny friends and neighbors passage

to adulthood due to a disabili-ty, the ARC helps to find the available natural supports to make it a reality. In late 1995 The ARC began a Supported the ARC began a Supported Living Program and, after years of being discouraged or defield the opportunity to even attempt independence, people in this program are successful-ly residing in a home of their

own.
The Glades Area ARC provides its services at no cost to participants. Funding from state and local sources like the United Way, the County Commission, and the Florida Department of Children and Families is complimented by the generous support of local the generous support of local donors and the fund-raising efforts of our board of directors. The core of the ARC movement is not in its funders, however, but in the grassroots involvement of the community. however, but in the grassroots involvement of the community. The ARC endeavors to diminish the effects of stigma and prejudice that obstruct the developmentally disabled person from inclusion in the community. Local support funda local programs, and community deducation makes us better neighbors. Be a better neighbors. Be a better neighbor. Join the Glades Area ARC. For more information, call the Glades Area ARC at 996-9583.



LEADERSHIP GLADES, CLASS OF 1996, completed their class project by disbursing \$1,400 in matching funds to provide playground equipment for Lutheran Ministries of Florida's PEPPI Head Start in Belle Glade. From left are: Ross Hernandez and Shelly Miller, Leadership Glades, Shrley Walker, Executive Direct for PEPPI Head Start and Elizabeth Hernandez and Alfredo Fernandez, Leadership Glades.

Belle Glade Police Dept. arrest blotter

Department handled 683 com-plaints and worked 14 crime scenes the week of March 3 -March 9. Those arrested included:

March 3 - Laverne Smith, 48, robbery and resisting Orrest without violence.

March 4 - Teko Chatman. Jose Lara, 22, failure to appear; Stanley McClorin, 32, violation of probation and aggravated domestic battery; Richard Ford, 35, domestic

March 5 - Eric Cintron, 29, oppose and obstruct by dis-

The Belle Glade Police guised person; Jacqueline vehicle; Juvenile, 17, utterbepartment handled 683 comlaints and worked 14 crime cenes the week of March 3 obstruct policy; Demetree forgery and grand theft;
larch 9. Those arrested Rolle, 36, battery.

March 6 - Juvenile, 17, grand theft auto; Juvenile, 15, retail theft; Juvenile, 17, contempt of court; Derrick Vinson, 28, failure to appear, Juvenile, 13, retail theft; Oneil Campbell, 26, domestic

March 7 - Timmy Majors, 28, uttering forged instrument and grand theft; Loraine Johnson, 30, felony retail theft; Danny Hodges, 34, attempted first degree murder and shooting into occupied

March 8 - Robert Morgan, 33, domestic battery; Jimmy Mills, 25, aggravated battery.

March 9 - No arrests.

The police news in this newspaper lists arrests, not convictions, unless other-wise stated.

wise stated.
Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

Crime Stoppers



Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Leroy M. Smith, who is wanted for two counts of lewd assault and

contempt of court.

Smith is 6'1" tall and
weighs 210 pounds. His last
known address was 1200 West
First Street, Riviera Beach.

He has black hair and brown eyes and his date of birth is November 29, 1967. His Social

Security Aumber, is 267-798140, and his last, occupation
was as a pizza delivery man.
His warrant was active as of
March 4, 1997. If you know the
whereabouts of Leroy M.
Smith, or anyone involved in a
serious crime, call Crime Stoppers at 1-800-458-8477.
You can remain anonymous

You can remain anonymous and still receive a cash reward if your tip leads to an arrest or the recovery of stolen property.

Pahokee Police Dept. arrest blotter

The Pahokee Police Department made 11 arrests the week of March 3 - 9. Those arrested included: March 3 - Donnell Hickson

24, simple battery; Isaiah Manderville, 36, petty theft.

March 4 - Juvenile, 16, order of commitment warrant.

March 6 - Elliott Boone, Jr, 40, trespass after warning and loitering, Juvenile, 13, aggra-vated battery.

March 7 - Albert Keyes, 38, order of commitment (child support) warrant; Brenda

March 5 - Traffic arrests only. Hill, 36, felony retail theft.

March 8 - Barbara Tunnaway, 44, failure to appear warrant; Fredi Moya, 28, D.U.I and driving while license suspended

March 9 - Roy Walker, 19, domestic battery; Juvenile, 14, aggravated battery.

South Bay Police Dept. arrest blotter March 8 - No arrests made

The South Bay Police Department made one arrest the week of March 3-9.

March 3 - No arrests made.

March 4 - No arrests made.

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March 5 - No arrests made.

March 6 - Timothy Wright, March 9 - No arrests made. 44, disorderly intoxication.

March 7 - No arrests made

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Black Gold Notes By Sue Teets, Jubilee Chairman

SILL CALL

Black Gold Jubilee is Just
Five Weeks Away
It's only five weeks until
Black Gold Jubilee, and that
int long if you're planning a
float or organizing a booth.
The Jubilee Committee
urges everyone to get involved
in our great Celebration of the
American Family. We have
activities for all ages - Children's Fishing Tournament,
Gospel Sing, arts and erafts,
food booths, &K Walk Run,
parade, Kids Korner, volleyball, photography contest,
cookie contest, and much more.
So, come on and let us hear
from you!

Jubilee Booklet Features
Writing Contest Winners
Excelling in competition is
nothing new for Belle Glade
students. And, they have
demonstrated their talents
once again in the Jubilee Creative Writing Contest, All of the entries were outstanding, and the judges were really put to the test to choose just 12

Although all seven Belle Glade schools were encouraged to take part in the contest, only four schools submitted entries. The Jubilee committee extends appreciation to the faculty and students at Belle Glade Elementary School, Glades Central Community High School, Glades Day School and Pioneer Park Ele-mentary School for taking the tixme to participate in this Jubilee activity.

Jubilee activity
The winning entries will be
featured in the '97 Jubilee
booklet. congravilations to the
following talented students'
Tamara Dowdell and Erica
Hernander from Belle Glade
Elementary; Paul Small,
Cecelia Hepburn, Kecia
Knowles and Randy Burden,
Jr. from Glades Central Community High School, and Clayton Norman, Vanessa Horta. ton Norman, Vanessa Horta, Ashley Reese, Kristin Hatton, Summer Mill and Amanda Mills from Glades Day School.

GDS Elementary Booster to Sponsor Little Mr. & Miss Black Gold

Thanks to Glades Day School Elementary Booster parents, Belle Glade will have a Little Mr. and Miss Black Gold pageant. According to chair Cheryl Stein, the GDS Boostwith Dolly Hand Cultural Arta Center on Saturday, April 12, at 7 p.m.. Plans are being finalized and application forma, should be available at the Belle Glade Chamber of Commerce by March 17.

Get Ready for 5K Walk/Run Application forms are avail-able at the Belle Glade Chamber of Commerce and City Hallfor the Jubilee 5K Walk/Runi-Chair Dolly Hand promises it-will be bigger than last year's event, which had over 200 par-ticipants. So, whether you're under 15 or over 55, there's a apot for you in this popular, event. Watch for more information next week.

Jubilee Committee Cancels
Tennis Tournament
Although it's always difficult
to drop an event, the Jubilee
Committee announces the cancellation of the '97 tennis tour nament. After spending considerable time and effort trying to recruit local tennis players for the tournament, the Committee was forced to cancel due to lack of interest. Let's hope we can get it together for next

Dieting...Continued from Page 4

was not based on sound nutri-tional practices. She felt too much protein is not good for

4. Atkins Diet - She feels this diet is very unhealthy nutritionally. You could lose weight, but be in bad health.

5. Exercise - is good for you, can in some cases reduce your hunger and can definitely increase your metabolism (thermogenic - fat-burning) ability). Also, the more muscle tissue you have, the more you will burn calories, even when

you are resting.
6. (Restrictive) Dieting - surprisingly, she does not recom-mend what most people do to lose weight. She reports that people who try to restrict the foods they love, or only eat low calorie foods, end up eating more and/or gain weight. This can occur for several reasons. If you lower your caloric intake too much, and don't exercise, your body gets more efficient at storing fat. You will retain the weight you have. Some-times people don't lose because by denying themselves what they really want or crave, they end up binging at some point, and losing all the progress they may have made. People also may not lose weight when because they eat lots of low calorie food because it's either not satisfying, or they fool themselves and think they can

eat more because it's low calo-rie. By the end of the day, they have eaten too many calo-ries, albeit comprised of "low calorie" food

So, you may be wondering, what is a potential weight loser to do? Well, I must reemphasize that exercise is key. emphasize that exercise is key.
Additionally, the presenter felt
that if people would ONLY
EAT WHEN THEY ARE
HUNGRY, they would lose
weight. The subtle point she is making is that most of us eat for any reason except that we are hungry. We eat because it's lunch time, because we are stressed, because we like the taste of food, because we are bored, etc., etc. She suggests people need to become more attuned to their body cu fullness. Most overweight people eat long past the time when their stomachs start to feel full, and then they complain about "being stuffed." Even if you like the taste of. for example, ice cream, she would say that one teaspoonful isn't any tastier than a whole

She suggests eating what you want, but slow down, pay attention to how you feel, and stop eating when you start get-ting fullness feelings.

Also, eat two snacks per day to increase your metabolism,

and to keep more satisfied between meals. So, there you have it. You

must exercise and eat what you want, but stop eating when you are no longer hun-gry. You must learn to recog-nize "hunger" versus "satiation" cues.

It's not high tech and it's not the latest fad, which is why do it. In the old days, people ?? didn't have to have a special weight loss plan. Most folks did physical labor all day long. and couldn't afford large qu tities of (expensive) high fat foods. Now, people want to lead a leisure lifestyle without much physical exertion (and eat plenty of fancy, high fat-foods), and still have the bodies of people who work physi-cally all day long and eat less. The human body doesn't work that way.

ested in a "Get Real" weight loss program which involves to attend to body cues that will help you develop appropriate eating practices, and still eat

Dr. David Boltson is a clini-cal psychologist with Posi-tively Speaking in Belle Glade.

Pat Boys' Bar-B-Q For the Month of March LUNCH SPECIALS

"Monday - Chopped BBQ Sandwich Greek Free, Bean e che diesy - "Tuesday - Country Fried Stands Gather Freete Treputate - 54.75
"Wednesday - Montloof (Stands Freete Treputate - 54.95
"Thursday - Pork or Best Plate Chain e Riesy Freete Free.
Ban, 65 Earl Conference - 55.50

"Friday - Pork: Chops Washet Petates & Crary, Vegetable & Oarlis Reads - \$4.99 "Saturday - All U Care Eat EBO Christon union Pata o Fine, Bean, Siev & Oarlis Reads - \$5.99 "Sunday - All U Care Eat Catfish (Spine Pata o Fine, Bean, Siev & Oarlis Reads - \$6.95

DINNER SPECIALS

"Monday - All U Can Eat Pork - \$6.95 "Tuesday - 10er Ribeyo Steak - \$8.50
"Wednesday - Country Fried Steak - \$6.55
"Thursday - Catfish Dinner - \$6.25
"Friday - All U Can Eat Ribs - \$6.95 "Saturday - All U Can Eat Chicken - \$5.95 "Sunday - All U Can Eat Catfish - \$6.95

The above served with choice of Petate, Beans, Cole Slaw and Garlic Bread. No Sharing on All U Can Eat and No To Go on All U Can Eat.

255 North U.S. Highway 27 South Bay, FL (561) 996-5554



Bobby Bowden takes group to the Holy Land

Bobby Bowden takes group to the Holy Late For the first time in history, the Fallowship of Christian Athletes organization is sponsoring at our to the land of the Bible-Israel. The dates for this great pilgrimage are May 31 - June 9, and Bobby Bowden, head coach for the Fliowship of Christian Athletes is 18 to the Holy Land for a number of years and to do it in conjunction with the Fellowship of Christian Athletes is just an added plus, because it fifs the focus of the ministry of this great organization so well. Many exciting Biblical sites and added plus, because it fifs the focus of the ministry. The remains of the borso of the harp, measuring 13 miles long by 8 miles wind, and it was here that so many of Jesus miracles took place almost 2,000 years ago.

The first full day of sightseeing will the group to Caesarea by the group to to the land of the Biblelarael. The dates for this
larael. The dates for this
great pilgrimage are May
31 June 9, and Bobby
Bowden, head coach for
the Florida State
Seminoles, and his wife,
Ann, will be the featured
guest hosts.

Bobby Bowden has wanted to go to the Holy Land
for a number of years and
to do it in conjunction
twith the Fellowship of
Christian Athletes is just
an added plus, because it
fits the focus of the ministry of this great organization so well. Many
exciting Biblical sites
have been selected to be a
part of the itinerary. The
first night in Israel will
be spent on the shores of
the harp, measuring 13
miles long by 8 miles
wide, and it was here that
so many of Jesus miracles
took place almost 2,000
years ago.

The first full day of
sightseeing will take the
group to Caesarea by the
Sea. The amphitheater
where Paul made his

Calvary with the Garden Tomb will all be included in this incredible itinerary. Both Old and New Testament sites will be featured on this trip, as well as several museums such as the Shrine of the Book Museum housing the Dead Sea Scrolls, the Herodian House which is the remains of a Jewish mansion as it looked during the the destruction of Jerusalem in 70AD, Yad Vashen (more commonly known as the holocaust museum), and the Treasures of the Temple Museum housing articles that are being made for use in the future temple that is being planned for construction. An optional day to Masada can also be included for a modest fee while in the country, of Israel.

The price of the trip is \$1,798.00 per person

Israel.
The price of the trip is \$1,798.00 per person based on double occupancy out of New York including two meals daily and all sight seeing entrance fees. For those who are interested, please call the Fellowship of Christian Athletes office at (912) 227-9201.

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boy! It's a

Thomas and Elise on Saturday, February 1, Frederick (Elise Stiles) of Orlando, Florida proudly announce the birth of their son, Harrison Scott Frederick.

Harrison was born at the Florida Hospital in Orlando

Belle Glade's Community United Methodist Church to hold Easter Cantata

The Chanel Choir of Hollingsworth, Becky Watson, and Emily Watson and Emil

"Miz Maudie" to appear at Pahokee Church of the

Nazarene

"Miz Maudie" will appear at the Pahokee Church of the Nazarene, Sunday, March 16, at 6 p.m. Miz Maudie who is really Kathryn Martin of Louisiana.

Louisiana.

She appeared with Minnie
Pearl and was encouraged by
her to go into churches with
her ministry. A country
humorist whose appearances
are chock-full of humor, music

and inspiration.

A college professor whe resigned to devote her time to Miz Maudie Ministries, Kathryn Martin is a speaker in her own right; much in demand throughout the country.

The community is welcome to attend. For further information, you may call Pastor Dever at 924-7998 or 924-2587.

Living Lord's Supper to be held in Clewiston

Sunday night, March 23 at given with special music 17:00 p.m. New Harvest Church will be presenting a drama entitled "The Living Lord's Supger."

It is a portrayal of the last supper Jesus had with his disples. A special look into the the church office at (941) 983-lives of each disciple will be Clewiston at John Boye Auditorium on South W.C. Owen Avenue. Admission is free. For more information call the church office at (941) 983-3181.

Military News



A.B. Urika Denise Wright A.B., Urlka Denise Wright has successfully completed Basic Military Training in the United States Air Force in San Antonio, Texas at Lackland Air Force Base. She is the daughter of Katie Jean Richards of South Bay and is a graduate of Glades

Central Community High School Class of 1996. Air Force Airman Odie F. Green Jr. has graduated from basic military training at Lackland Air Force Base, San

Antonio, Texas.

During the six weeks of training; the airman studied, the Air Force mission, organization, and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the college of the Air college

degree through the Community College of the Air Force. Green is the nephew of Janet Graham of South Bay.

Pioneer nominations are still needed by The Jun for a special section to appear in the newspaper about the pioners of the Glades area. Please make all nominations to the attention of Stephanie.
417 N.W. 18th Street, Suite 6
Belle Glade, Florida 33430
Phone: (651) 996-4404
Fax: (561) 996-2209



PAHOKEE

BELLE GLADE

EL BETHEL EVANGELIST PENTECOSTAL CHURCH

MAN

7:00 P.M.

7:30 F.M HAITIAN MISSION OF THE FIRST BAPTIST CHURCH 601 S.W. Ave. A

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Eddie Honeycutt receives "You Made a Difference" Award from Pahokee Chamber of Commerce

Main Street in Pahokee was honored by the Pahokee Chimber of Commerce at the monthly Chamber breakfast this past Thursday, March 6, with the "You Made a Difference" award This award is given by the Chamber to

Mr. Ho

into in lending a helping sith a selfless generositinanes are given to Mr. kindness to anyone in Honeycutt by the local churches to anyone in Honeycutt has been in For the past couple of years to fire Departments.

For this and every act of kindness, the Pahokee relies and the Pahokee Police and the Pahokee Police and the Pahokee Police and the Pahokee Reins and the Pahokee Reins and the Pahokee Reins and the Rein great and awards him the You Made a Difference award.

3

Children for so long, We remember making these with macaroni Instead of pasta.

> Since 1965, we've worked to ake sure all children have th nake sure all children have to opportunity to learn valuable lessons during the years when it's easiest for them to learn. To find out how you can help, call your local Head Start.

Nurture the future

South Florida Water Management District criticized for poor planning of Everglades construction project

Tallahassee, FL - The square miles of water filter South · Florida Water Management District's projected \$100 million in cash from \$579.8 million to cash from \$579.8 million to cash from \$579.8 million to project is the result of the District's failure to follow a construction schedule and budget established by the Florida Legislature in 1994, said Robert H. Buker Jr., senior vice president of epense.

the Florida Legislature in 1994, said Robert H. Buker Jr., senior vice president of U.S. Sugar Corporation, one of the major contributors of revenue to the project.

"The District has deviated from the budgeted spending schedule authorized by the Legislature in 1994 by accelerating spending before it was authorized or needed, creating unnecessary cash shortfalls that will create financial nightmares for taxpayers in the future, Buker said, "All of this will certainly create financial" certainly create financial nightmares for taxpayers in the future."
"In 1994, the legislature

iet, including new interest expense.

This appears to be an artificial crisis as a result of bureaucratic bungling. Buker said, The Districts new budget forecasts call for spending \$256 million in the next two years, while the original schedule mandated by the Legislature called for spending \$169 million. This is \$127 million more than budgeted. Construction of the storm water treatment areas was supposed to have begun in 1996. To date, no construction has taken place.

place.

Buker said his staff has In 1994, the legislature growth been examining the billing of the District specific guidelines about cost allocation and spending. Buker said, with the intent that careful planning and monitoring would bring the project in on time and on budget. Buker said the latest District budget shows cost overrunk have increased on the project to build 60 budget as the Legislature Project and unless steps are

required.

"As recently as last January, two years into the project, the District reported only minor cost increases which they said would be absorbed as construction proceeded," Buker said. Teast than a year later, they claim the need for \$180 million more stansary dollars. claim the need for \$180 mil-lion more taxpayer dollars. How could this happen? If this happened in business, someone would be fired for gross mismanagement. "We believe the

Legislature and public should demand answers from the District about what has happened and why prop-er monitoring and controls were not put in place," Buker said.

In 1994, the Legislature settled years of litigation and negotiation over restoration of the restoration of the Everglades by passing the Everglades by passing the Everglades Porever Act (EFA), which included building massive filtering marshes in South Florida. The law outlined in specific deati what was to be built, what schedule was to be followed and a very specific time-line of when money was to be spent.

project
taken very soon to bring it
under control and install
proper management, Florida
tarpayers will once again be
hearing a call for more new
taxes. This will make the
federal government's infamous \$500 toilet seat expenditures look like a bargain
basement sale.

This is another example
of why the taxpayers simply
cannot give a blank check to
an agency of government
and say spend what you
like, we'll always pay the
bill later, Buker said.
A study of the Water
Management District's management and financial
accounting procedures for
the 'project reveal significant failures to properly
monitor and manage both
construction planning and
spending.

The District staff has
been unable, or unwilling,
following many months of

The District staff has been unable, or unwillings following many months of requests, to adequately document its claims of financial shortfall. Buker said.

They have failed to produce records indicating the staff has followed standard budgetary analysis necessary so that the original budget approved by the Legislature can be compared with the current budget in order to determine the cause of the alleged funding shortfalls.

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Bryant and Sledge awarded child care credential

Bryant and Signature of Seasondra Bryant of Belle Glade and Latorsha Harris Sledge have been awarded a Child Development (CDA) Credential in recognition of outstanding work with young children. The credential was awarded by the Council for Early Childhood Professions! Recognition in Washington, D.C., which represents the early childhood profession. CDA is the only major national effort to improve child care by evaluation and recognizing the skills of individuals providing care. The first credential was awarded 20 years ago, and now 46 states plus the District of Columbia include CDA in their child care licensing regulations.

Parents who use child care are especially coherened today about their child care loads and their child care are especially coherened today about their child care are especially coherened.

welfare. With this in mind, as part of the CDA assessment process, every candinate of the CDA assessment process, every candinate of the CDA assessment process, every candinate of the CDA assessment process, and the candinate must demonstrate the ability to work with families to develop children's physical and intellectual capabilities in a safe and healthy learning environment.

The CDA credential is having appositive effect on

the quality of child care. Its impact is evident in center-limited in the content of the content

ACTION

Farming, Fishing and Estimated Tax



Keep Your Money "Clean"



Tax Guide for **Small Business**

H&R BLOC

Business Expenses

The Sun is still looking

for pioneering resi-dents of the Glades to appear in a special sec tion about the people who made the Glades what it is today. You can contact Th un at the attention of Stephanie.

The Sun c/o Stephanie 417 NW 16th Street Belle Glade, FL 33430 Phone: (561) 996-4404 Fax: (561) 996-2209

ATTENTION GLADES RESIDENTS *********

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Florida math scores inch up but still lag national average

academic standards for math, in light of national test scores which show that less than 20 percent of Florida students can demon-

strate proficient math skills. Commissioner Brogan Commissioner Brogan made the recommendations after reviewing the results of the National Assessment of the National Assessment of Educational Progress (NAEP) mathematics test released today. The results show that only 5% of Florida fourth graders and 17% of the state's eighth graders are achieving math skills at or above proficient levels. "Turge every parent to contact their child's school, find out what the Sunshine State Standards say

Standards Florida's students expected to know a expected to know and be able to do in mathematics, and work with their children and their child's school to apply these skills," said Commissioner Brogan, a for-mer teacher, principal and superintendent of schools.

NAEP math test represents solid academic performance for the grade assessed. Students achieving at this level have demonstrated competency over challenging subject matter. Fourth graders performing at this level should be able to use whole numbers to estimate and compute, and should have a conceptual understanding of fractions and decimals.

Eight graders performing at this level should under-stand the connections between fractions, percents, between fractions, percents, and decimals, and are expected to have a thorough understanding of basic level arithmetic operations - suf-ficient for problem-solving in practical situations.

in practical situations.

The number of Florida fourth graders scoring at or above proficient is up 2% since the previous NAEP math test in 1992, when 18% of fourth graders scoring at or above proficient levels. The number of eighth above proficient levels in

In calling for higher standards and increased student achievement, Commissioner Brogan spearheaded the development of the Sunshine State Standards, Florida's new set of academic standards. Approved by the State Board of Education in May 1996, the Sunshine State Standards are rigorous, not minimal skills, and are written for the subject areas of lan-guage aris, mathematics, science, social studies, the arts, physical and health education and foreign lan-guages.

guages.
Addressing the Florida
Education Technology Education Technology Conference in Orlando, Conference in Orlando, Commissioner Brogan announced that the Department of Education has developed an interactive CD-Rom based on the Sunshine State Standards for math. The new teaching tool will be distributed to assist teachers as they help students obtain the skills and knowledge required in the Sunshine State Standards.

Standards.

"We are making teacher training and professional development a top priority," said Commissioner Brogan, whose 1997-98 budget request for education includes a record \$25 million for teacher training. "Our teachers must have the our teachers must have the support and tools they need to help our students achieve the higher standards that the world is demanding."

A new statewide assess-ment test called the Florida Comprehensive Assessment Test (FCAT) has been devel-oped based on the Sunshine State Standards to measure how students are performing in the areas of mathematics and reading. The FCAT will be field-tested March 10-21 in grades 4, 5, 8, and 10 wide

Analysis gained from the

TALLAHASSE - Florida We cannot afford to let graders scoring at or above ducation Commissioner another year pass by with proficient also increased two percentage points, from 15% of outside the skills necessary to compet directly involved in their child's education and to A "proficient" score on the learn more about the state's NAEP math test represents above proficient levels in assist the continue as a thory had been supported by the meaning canter and college department in improving of ducation in March. The and refining the FCAT fourth graders and 23% of fourth graders and 23% of fourth graders and 23% of fourth graders are cored at or results and another the state's NAEP math test represents above proficient levels in assist tachers as they held. the measurement for stu-dents' proficiency and the High School Competency Test will continue as the test required, for high school

The FCAT is intended to measure challenging material, as does the NAEP. While President Bill Clinton, among others, has recently proposed development of a national achievement test national action based on NAEr, Commissioner Brogan wants a flexible to ensure a approach.

approach.
"States should be able to build their own tests with rigorous standards and staristically link them to the NAEP," Commissioner Brogan said. Such an approach permits coordinatapproach permits coordinating the standards and stu-dent assessments across all grades, which cannot be accomplished if two grade levels are tested with NAEP tests, while other grades are assessed with Florida tests. 216 was below the national average of 222, which placed it ahead of 11 states and it ahead of 11 states and jurisdictions, behind 34, and tied with one of those particular aight ipating. Florida's eight grade scaled score of 264 was below the national aver-age of 271, placing Florida ahead of 12 states and jurisdictions and behind 31. In dictions and behind 31. In Florida, 2,549 fourth graders from 106 public schools and 2,401 eight graders from 104 public schools participated in the 1996 NAEP math test.

1996 NAEP math test.

The NAEP is a congressionally mandated project of the National Center for Education Statistics at the 2 U.S. Department of Education. Participation by states and jurisdictions is voluntary. The National Assessment governing Board, established in 1988 by Congress, formulates pol-icy guidelines for NAEP and is responsible for setting appropriate student performance levels, developing assessment objectives and test specifications, and developing reporting guide

President's budget continues high priority on rural water needs

In his fiscal year 1998 budget proposal, submitted to Congress on February 6, President Clinton has President Clinton has requested \$1.346 billion in lohns and grants to build, expand, and improve safe drinking water and sanitary sewer systems in small towns and rural areas. This towns and rural areas. This is a proposed increase of \$31 million, or 2 1/2 percent, above the 1997 Federal Investment Level.

This request supports the Clinton Administration's Water 2000 Safe Drinking Water Initiative, according

to Mr. Ronald Whitfield, Florida State Director of Rural Development for the U.S. Department of Agriculture (USDA). Water 2000, which the administration launched in 1994, targets resources to the estimated 2.5 million people with some of the nation's most serious drinking water ost serious drinking water most serious drinking water aiready been selected for availability, dependability, funding. The Putnam and quality problems. This County Water System will number includes the receive approximately approximately one million rural Americans who have struct a lall running into their homes.

In 1995 and 1996, the USDA financed more than \$547 million in safe drink-ing water projects in some of America's most financialof America's most infanciarially distressed communities, including more than \$\$ million in Florida. This year, projects in Putnam and Glades Counties have already been selected for funding. The Putnam funding. The Putnam County Water System will

Palatka residents. The City of Moore Haven will upgrading their water sys-tem with a \$1,500,000 grant and a \$1,574,500 loan bring-ing clean drinking water to the 891 rural households

located there.
One of the best examples of a Florida project funded under the Water 2000 Initiative is in South Bay, a Initiative is in South Bay, a community water system that will serve the city with a population of 3558 and 866 households.

The Congress will consider the President's proposed

budget for rural development programs like this in a series of hearings in March and April. The House of Representatives will respond with its own budget in May, and the Senate will follow suit in June. The versions of the two houses will be recognised into an final

be reconciled into one final budget package in July or September, and then sent to the President for his signa-

This Presidential budget clearly acknowledges how important safe drinking water is to the public and economic health of Florida communities", Whitfield said. "At a time when we are working hard towards a bal-anced budget, even a modest. Whitfield proposed increase in invest-ment of 2 1/2 percent is a major show of support for the goal of Water 2000. As President Clinton said last summer, "There are still places in the United State still do not have access to drinking water. We're deter-mined to correct that problem. So we will keep ing on that..."... rioria

THE PROPERTY APPRAISER'S OFFICE IS NOW ACCEPTING PRE-FILE HOMESTEAD EXEMPTION APPLICATIONS FOR 1998 HOMESTEAD EXEMPTION EQUALS A \$25,000 REDUCTION IN YOUR ASSESSED PROPERTY VALUE

In order to qualify for the 1998 Homestead Exemption you must: • Hold title to the property prior to January 1, 1998 •

• Reside on the property on January 1, 1998 •

• Be a permanent resident of the State of Florida on January 1, 1998 • When you apply for the exemption, please bring with you the following:

1. Evidence of ownership (recorded deed, tax bill, etc.)

2. Social Security Number

3. Permanent residency proof (Alien Registration Card), if not a U.S. citizen. In addition, please bring the following items which apply to you, issued prior to January 1, 1998:

Florida driver's license.

4. Declaration of Domicile.

Florida vehicle registration. 5. Florida voter's registration.

Death certificate, if applicable for widow(er)'s exemption.

You then appear personally at one of the County Property Appraiser's Offices and file your application. Your application must be filed by March 1, 1998 in order to qualify for a 1998 exemption.

If title is held by husband and wife, either may file but should bring proof of residence for the spouse.

> South County 501 South Congress Avenu Room 150 Delray Beach, FL 33445 (561) 276-1250

Main Office Governmental Center 301 N. Olive Avenue - 5th Floo West Palm Beach, FL 33401 (561) 355-2866

Royal Palm Beach 11500 Okeechobee Blvd., Suite A Next to Police Station -Royal Palm Beach, FL 33411 (561) 790-6001



North County North County Courthous 3188 PGA Boulevard Palm Beach Gardens, FL 33410 (561) 624-6522

Glades Area 2976 State Road 15 Belle Glade, FL 33430 (561) 996-4890

GARY R. NIKOLITS, CFA

Palm-Beach County Property Appraiser

Office Hours: 8:30 a.m. to 5:00 p.m. MONDAY through FRIDAY Published as a Public Service to the Homeowners of Palm Beach County,

Fishing with Walt Reynolds

The wind is blowing again on Lake Okeechobee, I guess that just comes along with March. The bass fishing remained fair to good all week until the weekend came along and then it really slowed down. All the it really slowed down. All the reports were talking about top water, worms and jerk baits as producing good numbers of fish, but after the front passed through on Friday it changed

to basically a worm bite.

Congratulations to Chet
Couthit for a 6th place finish Couthit for a 6th place mish at the Bassmaster Top 100 event this week on Lake Sinclair near Macon, Georgia. This is always a factor, but they have just quit biting like they were. The crappie fisher-Top 100 on Lake can look forward shortly to the bluegill and shellcracker fishing. It will really pick up

next month.

For those of you who use the Internet, I have a new e-mail

It is

the same of the same is the same is the same of the same is the same is the same of the same is the same i a topic you would like to hear about or would just like to gab, please feel free to drop me an

e-mail To all a good bite, Walt Re vnolds Touring Pro.

Belle Glade Chamber of Commerce Chatter

Thank you to the Fabulous Glades Campus the Palm Community College for sponsoring the February Chamber breakfast! Dr. Helen Franke was the sponsoring the February Chamber breakfast! Dr. Helen Franke was the speaker and gave informa-tion about the College and the new things going on there. Leadership Glades joined us to start off their joined us to start, off their day learning about educa-tion in the Glades. The next breakfast is on Wednesday, March 19 at Glades General Hospital at 7.30 am and will be spon-7:30 a.m. and will be spon-

7:30 a.m. and will be spon-sored by Seminole Supply. If you are interested in having a booth at the Black Gold Jubilee, participating in the parade, sponsoring a children's booth, entering in the parade, sponsoring a Sorority and Advanced children's booth, entering Women's Healthcare. The Cookie Baking Contest, March is "American Red the Walk/Run, Tennis Cross Month". Learn to Tour ment, Photography awe lives and register for Contest, or if you have any a CPR course! The course other questions about the will be held on Saturday,

Black Gold Jubilee, call the Chamber at 996-2745. Remember it's April 19!

The Dolly Hand Cultural The Dolly Hand Cultural Arts Center has great things in store for us in March. A special presentation of Snow White and the Seven Dwarves' will be showing on Saturday, March 22 at 7:00 p.m. Children from the Glades auditioned and rehearsed auditioned and rehearsed to bring you this special show with the help of the professionals from the nationally acclaimed Missoula Children's

nationally
Missoula Children
Theatre. Tickets are \$3.
Welcome New Chamber of
Commerce members: Iota
Omicron Zeta Chapter
Sorority and Advanced

Western Communities Family Practice of Belle Glade is relocating their office to the Wellington Campus as of March 1, 1997.

The new address is
10131 Forest Hill Boulevard, Suite 150 West Palm Beach 561-793-5155



March 15, from 9 a.m until 1 p.m. To register simply call South County at (561) 994-2060 or West County at (561) 992-9703.

A special thanks to the Glades Art Group and Grace Eberle for the beau-Grace Eberle for the beau-tiful paintings that have been on display at the Chamber during February. To see beautiful artwork every month just come by the Chamber Monday-Friday 9 a.m: to 3 p.m. The next Belle Glade Chamber Card Exchange/Mizer will be in Thursday, March 27 from 5

Exchange/Mixer will be in Thursday, March 27 from 5 p.m until 6:30 p.m. Our host/sponsor will be Bank of Belle, located at 108 SE Avenue D in Belle Glade. There will be no charge for admission so come and admission, so come and bring your business cards to this great networking opportunity and come hun-

Congratulations to Bair's Electronic Services, Inc., February's Member of the Month! They aerve our community and the Chamber in so many ways



THE GLADES ART GROUP is featuring a show for the month of March in memory of longtime member Helen Morris. Jane Thompson is holding an oil painting her mother painted of her childhood church in Cotton Plant, Florida. Everyone is invited to stop by the Belle Glade Chamber of Commerce and view the artwork. The chamber is open from 9 a.m. to 3 p.m., weekdays.



Godparents are special

Godparents are special A new Godparent Program is starting up in the Glades and you are needed! Three Head Start Centers in the Glades need adults to help by donating a little time, love, and the gift of joy for young children. Participants can give as little or as much time as they wish each month. They will be paired with a godchild at a center in their town. Why wist the child and participate by joining the child in coloring, 'yeading, talking, having lunch, reading, talking, having lunch, or assisting with field trips. Call Millie at 996-1608 for more information.

Applications ready for

Harvest Queen Pageant
Applications are now available for the annual Harvest Queen Pageant, held in con-junction with the Black Gold Jubilee festival.

The Belle Glade Lions Club is again sponsoring this popu-lar event for girls in the Glades area who attend school in Belle Glade or Pahokee.

Glade or Pahokee.
Harvest Queen Pageant
events will be held April 18, at
\$1.30 p.m. at the Dolly hand
Cultural Arts Center.
Application deadline is
March 21 and applications can
be picked up at Atlantic Pacific
Insurance, 204 N.W. Ave. L,
Belle Glade.

Tickets for the pageant will go on sale March 25 at \$10 per person. For additional informa-tion, call Becky White at 996-5800.

College tour open to

College tour open to young ladies
The Glades Alumnae Chapter of Delta Sigma Theta, Inc. is sponsoring a four of southern colleges, March 30th April 3, 1997, to various states Any young lady in the 2th grade through the 12th grade through the 12th grade is welcome to learn more about this tour. They should contact Rachel Brown Glover, at 996-8872 or Mary Louise Rainey at 996-9592 for more information.

Libraries offer spring

Libraries offer spring
story times
The three Glades libraries
are offering spring story times
for children of all ages beginning March 24 and continuing
for eight weeks.
Pre-registration is required,
so please call the Belle Glade
Library at 598-5453 to register
for Belle Glade, the Clarence
E. Anthony Branch in South
Bay or the Loula V. York

Branch in Pahokee.

Spring Break Camp The Glades Boys and Girls Club is sponsoring 1997 Spring Break Camp for children in Belle Glade and South Bay. The camp will feature sports, field trips, cooking, arts and-crafts, swimming, a game room, pool, ping pong, snack bar and fun.

The camp will be seven days, March 27 through April 4 from 7:30 a.m. to 6 p.m. at the Lake Shore Civic Center in Belle Glade and at Tanner Park Community Center in South Bay. Call 992-5399 for cost and additional details.

GDS annual golf

tourney is March 22 Glades Day School's annual golf tournament is scheduled for Saturday, March 22 at the Belle Glade Golf Course. The event, scheduled to coin-cide with the school's "Spring

Fling" will start with registra-tion at 8 a.m. and tee off at 9

Cost is \$35 for club members Cost is \$35 for club members and \$40 for non-members. Refreshments will be provided and prizes will be awarded to the top four teams.

Golfers can sign up by call-

ing 996-6605.

Recovery Group meets at Good Shepherd

A Christ-centered recovery group meets every Monday evening at the Good Shepherd Church of God in Pahokee. Meetings are at 7:30 p.m. and the public is welcome. The church is located at 1800 Bacom Point Road, Pahokee.

Winter Fun

The Belle Glade Recreation Department is offering outdoor recreational activities that include basketball, full court or three on three challenge games. They are also offering tennis lessons on Tuesdays and Thursdays and flag football. Hours are from 3:30 to 5:30

For more information contact the Recreation Department at 996-0100, extension 622.

Recreation Department offering fitness classes The City of Belle Glade arks and Recreation

The City of Belle Glade Parks and Recreation Department is offering finess classes to the public. "Filmess by Michele" will be offered at the Belle Glade Municipal Civic Center on Monday and Wednesday vernings. The first class on Monday night, titled "Basic-Fitness" start at 5:30 to 6:15 p.m. and the second class, "Stompin Step" in one 6:16 p.m. Wednesday's classes run the same time with the first class stressing non-aerobic class stressing non-aerobic class stressing non-aerobic class stressing non-aerobic aerobic strength and toning for

all fitness levels and the sec-ond class offering interval aer-obics. Instructor is Michele Young, RN. She is certified by the American Council on Exer-cise and the American Associa-

tion of Fitness and Aerobics.

There is a \$2 fee per night for one or both classes. Steps and weights are provided.

Children welcome Lutheran Ministries of Flori-da, PEPPI Head Start, is recruiting and accepting appli-cations for three and four year

old children.
All are welcome, including children with disabilities and there are no fees. The center is located at 200 S.W. 9th Street, Belle Glade. For more information, call 996-1718.

Church of God of Prophecy plans revival services

The Church of God of Prophecy, 601 S.E. 12th refreshing, Pastor Ingram extends a warm welStreet and old 90 invites you to revival services
Sunday through Wednesday, March 16-19. Sunday services will be at 11 a.m. and 6:30 p.m.
and Monday through Wednesday beginning at 7
p.m. The evangelist is Janet German from Bartow, Florida. Janet and her husband, Michael,
travel throughout the United States singing
and ministering the gospel. Janet is a recording
artist and Pastor Jean Ingram, says Janet is a
gifted speaker and her singing and message is
selfed speaker and her singing and message is
stitend. For more information, call 996-5054.

Sorority hosts anniversary luncheon

Xi Zeta Mu held their English Patient at River-Anniversary Luncheon on Sat-urday, February 18th at the Binks Forest Country Club in time was had by all. Wellington. At the March meeting mem-

Wellington. At the March meeting mem-After the luncheon the mem-bers attended a movie, "The THE YEAR".

Those attending were: Sandra Chamblee, Merelyne Cochran, Karen Corbin, Judy McMillan, Linda McMillan, Pat McKee, Laverne Motes, Sare Phillips, Gloria Swager and Greadle York.

Local woman gets help through Developmental Disabilities Services

On March 19, the Department of Children and Families ment of Children and re-Developmental Services pro-gram will focus on Develop-mental Disabilities and Direc-tions for the 21st Century. Service providers, clients, staff and the community will review exhibits and listen to speakers from 9 a.m. to 4 p.m. at the from 9 a.m. to 4 p.m. at the Clayton Hutchison Agricultur-al Center on Military Trail, West Palm Beach. They'll hear

Felicia Kendrick is a 27year-old mother of two living in Belle Glade. She has dis-abilities which require assis-tance and is currently a client tance and is currently a chent of Developmental Services. She has been helped by this agency for four years and is in the Supported Employment and Supported Living Program with the Glades Area Associa-tion for Retarded Citizens.

Her supervisors say she is highly motivated to make a better life for herself and her, children. She attended the

Project Independence Program, which enabled her to welfare, so she later took a job with the Palm Beach County. School Board as a school bust to College, where she enrolled in a 10 hour course for a CDA science October, 1996 and says certificate. With the help of a she enjoys her new job and her job coach, she obtained goal is to be to the control of the project o certificate. With the nelp of a job coach, she obtained employment at a local super-market as a cashier, but the part-time job was not enough for her to make ends meet. She is hoping to eventually get off

School Board as a school bus-aide. She has kept this job-since October, 1996 and says-she enjoys her new job and her-goal is to be totally free of the welfare system within the next

year.
For more information, contact Gloria Gavlin at 561-837-5564.

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SECRETARY with good computer skills. Salary commensurate. Benefits package. Send resume to: Human Resources Dept., Blocomp Technologies, Inc., 900 US Hwy 27 North, South Bay, FL 33493.

CRAs NEEDED: Glades Health Care Center is taking applications for CRAs to work 3pm-11pm and 11pm-7am. Apply at Glades Health Care Center; 230 S. Barfield Hwy, Pahokae, 924-5561. 3/20

NURSING SUPERVISOR NEEDED: Glades Health Care Center has an open-ing for Nursing Supervisor, Spm-11pm. Must have good supervisory skills. Apply at Glades Health Care Center, 230 S. Barfield Hwy, Panklee, 924-5561 or fax your resume to 924-9466. 320

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O 2 years - \$59.36

18 months - \$46.64

☐ 1 year - \$31.80

O 6 months - \$21.20

Please send or lax resume to: Marthy Avenue, South Bay, FL 33493. 3/20 March 20, 1997.

Ward, West County Merital Health Clinic,
1024 NW Avenue D, Belle Glade, FL
33430. FAX 958-1335. 3/13 HIRING storm management.

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Migrant Head Start, South Bay Center. The food service aide assists the food, service manager in designated tasks related to the preparation of children's meals and the maintenance of the meals and the maintenance of the kitchen. This position works as a listen member with center staff. This position is full time seasonal. Prefer Profession. Food Manager Certification, will accept high school diploma or GED. Must have sup, in quantity cooking. Shall not pose a direct threat to the health or salely of the children or other individuals at the center. Must be able to read and write well. If interested, submit a letter of interest and returns to Kastation Director, P.O. Box resume to: Assistant Director, P.O. Box 801, South Bay, FL 33493, DEADLINE:

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HOTICE OF PUBLIC REARING

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lowing vehicles will be auctional.

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	Dan 被 基础 (2012)	

*96 CHEVY MONTE CARLO LS V6, auto, bucket seats, loaded	15,295	
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1 '95 FORD E-150 CONVERSION VAN Mark III, loaded, capt chairs, great buy	17,395	
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A penny saved is a penny earned...That's what the Bank of Belle Glade stresses to youngsters at Rosenwald Elementary School in South Bay about saving money. Pictured are Christina Darling, June Mikell, Rosenwald student Antorris Williams and his mother, and Norma Muniz.

Photo by Stephanie Schneider



Glades Day School Gator Tales

ready - only 11 more weeks of school!

school!

In the meantime, Glades
Day students and faculty
have plenty on their agenda
to keep them occupied over
these past few months,
including the Spring Fling
hat will be held next
Saturday, March 22.
If you have be seen in

If you haven't gotten in on the action yet be sure to take advantage of the activities

GDS has to offer for the Spring Fling, beginning with the golf tournament in the the golf tournament in the morning, continuing on to the alumni baseball game in the afternoon, and then finishing with an adult dance—that night. Along with those events, there will be a BBQ chicken dinner from 11 a.m. until 2 p.m. Saturday afternoon and drawings for a shotgun, quilt, and a two-passenger SP Sea-Doc complete with boat trailer. If you would like the search of th boat trailer. If you would like tickets for any of these please contact Janet McKinley in the

high school office at 996-6769.

The sophomores are all excited this week as they finally get to order that long awaited class ring. A representative from Herff Jones visited, the campus last Tuesday for the tent graders to proview class rings and to preview class rings and will return Friday, March 14,

will return Friday, March 14, to take orders. A deposit will be required upon ordering. The reality of ending their high school years dawned upon the Class of 1997 when they received their com-

mencement invitations from Herff Jones this week along with tassels and other graduation memorabilia. It's only a couple of months away, seniors!

The varsity softball team

The varsity softball team will sponsor a Pancake Broakfast on Saturday April 12.

Tickets are \$4.50 each and will include pancakes, eggs, sausage and beverage. Please see any varsity softball player or contact Karen Hansford at the high school office for your ticket.

Brian Edgecomb of Glades Central named a finalist in Shakespeare competition

Brian Edgecomb, a senior political membership orgaat Glades Central High
School was a finalist in the
English-Speaking Union's and understanding among
Shakespeare Competition
held Sunday, February 28 at ethic backgrounds and cultural perceptions through
the medium of the English

Beach.
Brian was coached by
Drama Club sponsor and
Glades Central teacher, Sarah Bennett and receive

increase communication and understanding among people of all nationalities, ethnic backgrounds and cultural perceptions through the medium of the English language.

The Shakespeare

Club sponsor and The Shakespeare Central teacher, Recitation Contest was smeet and received started in 1988 and has ze for being a final-Beach County high school English-Speaking a non-profit, non- and independent.



The Shakespeare of Glades Central...Brian Edgecomb, a senior at Glades Central High School was a finalist in a Shakespeare competition. Belle Glade Elementary.

Rajendran named to dean's list at Boston University

Pam Rejendran of Belle Glade has recently been named to the deem's listen Boston University for the full semister.

Boston University is the third largest independent university in the United States, with an enroll-ment of more than 30,000 students it is University and ofference of the Conin its 15 schools and colleges.

The University offers an excep-

tional grounding in the liberal arts, a broad range of programs in the arts, engineering, science and pro-fessional areas, and state-of-the-art facilities for teaching and research. Located in the heart of a city rich in cultural and intellectual attrac-tions, the University is one of the ersity is one of the nation's preeminent in higher learning.

School makes plans for 1997-98 school year Thanks so much for cooperating with us as we make plans for our 1997-98 school sterm. Our faculty is in the process of combining goals and objectives in order to meet our current needs.

meeting.

Please call us at (561)
993-4490 if you have questions or do not plan to attend. We look-forward to seeing you at this meeting. Please prepare to meet with us this month to give

Glades Day School Honor Roll - Fourth Six Weeks

7th Grade All A's Hela Barhoush

Jeffrey Rey
Matthew Sanchez
A's & B's
Dustin Enchenique

Mallory Grimes Christin Hartzog Vanessa Horta
Vanessa Horta
Brittany Langenwalter
Chandra Manuel
Brandon McMillan
Justin Meeks Justin Meeks
Kerri Milita
Amanda Mills
Georgia Pate
Lauren Sweet
Tania Villacres
Melanie Walker
Eric Wingate
Jeffrey Woodham

8th Grade

All A's Ronda Halum Marybeth Tynik Heather York A's & B's

Peggy Altman Kristen Gilliam Angela Gonzalez Shatila Halum Kristin Hatton Clayton Norman Becky Outz Denise Penuel Joanna Rumfelt Kristina Sanchez Sarabeth Tosado Ashley Veale Laura Walker

All A's Kelly Alvarez

A's & B's
Erica Angel
Lindsay Curtiss
Jimmy Dobson
Evelyn Fabelo
Andy Hollingsworth
Miranda Humphries Sandra Lines Saulin Quan Emily Reese Kelly Salvatore Farrah Shutts Shanell Smith Chrissy Stevens Ailjen Torrecilla Erica Williams

10th Grade All A's Kit Hamilton Derek Lamb Eddie Motes Brooke Per

A's & B's Matt Alston Julie Baumgartner Crystal Brown Andy Enchenique
Wesley Hawk
Mark Lutz
Steven McKinley
Jennifer Pate Nicole Rivas Donnie Scruggs Cyndi Wetherington

and objectives in order to meet our current needs. Committees are still work-ing untiringly as we finalize our School Improvement Plan.

11th Grade All A's Trey Alava Parker Altman Carla Alvarez Nicole Alvarez Courtney Braddock Michelle Herring Kristy Pefez Emily Watson A's & B's

A's & B's
John Courson
Ashley Cunningham
Mary Anne Hollingsworth
Alex Rey
Alicia Schaper
Suzie Shatara
Avion Thyracilla Anien Torrecilla Kelly Vickery Jimmy Wilkinson

12th Grade All A's

Jackie Alvarez Miriam Barhoush Tamam Barhoush Lesley Carter Melissa Champion Gada Halum Monica Schmidt Laura Schiver Mickey Stevens Laura Shiver Mickey Stevens
All A's & B's
Jessica Alvarez

Jerry Arline Ricky Carte Michael Challanoin Michael Challanoin Jason Cunningham Ashly Curtiss Karen De Castro John Holman Lindsey Howell Stephen Lowery Amie Motes Heath Motes Blake Shackelford Eman Shatara Matt Snow Matt Snow Melissa Tucker Stephanie Wade Eric Wiseman

Congratulations to all the GDS Honor Roll Students!



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Ali Khosravani, M.D.

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WOMEN'S HE

ORTHOPEDICS/PODIATRY



Jeffrey L. Kugler, M.D., Gen, Orthopedics/Sports Medicine John-S. Levin, D.P.M., Podiatry/Foot & Ankle Surgery Charles J. Matuszak, M.D., Gen. Orthopedics/Sports Medicine Theresa E. Rattey, M.D., Pediatric Orthopedics Alan J, Schefer, M.D., Hand Surgery Charles M. Sonu, M.D., Spine Surgery

INTERNAL MEDICINE

Shekhar Sharma, M.D.

(561) 996-7742

Edward W. Sandall, M.D.
Michael S. Zeide, M.D.
Marvin A, Kohn, M.D.
Joseph B, Chalal, M.D.
Emilio S, Musso, M.D.
Louis F, Donaghue, M.D.
Joffrey A, Press; M.D.
Jack B, Goldberg, D.O.
James T, Clancy, D.P.M.

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Seth Herbst, M.D., F.A.C.O.G. Steven Pliskow, M.D., F.A.C.O.G. Keith Aqua, M.D. Samuel Heering, M.D. Anna Melendez, M.D. Kim Payne, A.R.N.P. Jo Brockman, A.R.N.P. Patti Allen, A.R.N.P. Beverly Armstrong, R.N.C. A.R.N.P.

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Martin Harland, D.O., P.A. Pedro Sanchez, D.O. Emest Riggs, P.A.

(561) 996-7016 (561) 996-2024

Columbia Palms West Hospital Receives Accreditation with Commendation.

commendation from the Joint Commission on Accreditation of Healthcare Organizations. This is the highest level of accreditation awarded by the Joint Commission, which is the nation's oldest

and largest accrediting body.

Formed in 1951, the Joint Commission is dedicated to improving the quality of the nation's health care through voluntary accreditation. The on-site survey of Columbia Palms West Hospital occurred in

"Receiving Accreditation with Commendation is a significant activement, one that recognizes exemplary performance by Columbia Palms West Hospital", says Dennis S. O'Leary, M.D., President, Joint Commission. "This organization should be commended for its commitment to providing quality care to the

Columbia Palms West Hospital has achieved accreditation with

in all areas of women's healthcare. We are PROUD to be able to provide all of these advanced women's services to the Belle Glâde - Clewiston community. Feel free to call us for an appointment or an opinion at 996-9313 or 683-1331.

Ronald Ackerman, M.D., F.A.C.O.G. Seth Herbst, M.D., F.A.C.O.G. Steven Pliskow, M.D., F.A.C.O.G. Steven Pliskow, M.D., F.A Keith Aqua, M.D. Sam Heering, M.D. Anna Melendez, M.D. Kimberly Payne, A.R.N.P. Patti Allen, A.R.N.P.

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